

Hatun Karpay Itinerary

July 2009

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- Day 1:** Travel day from home country to Peru.
- Day 2:** Meet in Cuzco, Peru; Orientation and fascinating introductory talk with Juan at 5pm giving you the background and foundational understanding of this magical initiatory experience.
- Day 3:** Karpay Ayni. We begin with the Karpay Ayni Ceremony; then a day-long ritual beginning at the sacred geographic center of the Andean region, the central Cathedral of Cuzco. This ritual activates the "Inka Seed" deep inside us and begins the process of spiritual growth "Inka style" then travel to sacred sites in the Cuzco area. For a detailed description, look at chapter 8, of *Initiation* by Elizabeth Jenkins.
- Day 4:** **Winay.** We travel to the Sacred Valley of the Inkas through Písaq, and Ollantaytambo for the ritual of Winay: Germination. Here, the rituals allow us to feed our Inka seed with all the energies of the elements, sun, wind, earth, water, allowing it to sprout and begin to grow (see chapter 9). We stay overnight in the Posada del Inka. We met Goldie Hawn and Kurt Russell in this spectacular Hotel in July '99.
- Day 5:** **Phutuy.** We get up early for the breathtaking train ride to Macchu Píjchu. After arriving in our Hotel Pueblo (the most magnificent architectural design in Macchu Píjchu area, built for enhanced views) we have lunch in Aguas Calientes and take the bus up to the ruins to begin our day of Phutuy: flowering ritual (see chapter 10 of *Initiation*).
- Day 6:** **Pachamama – Mother Earth:** This will be a hearty hiking day climbing down the subtropical jungle behind Huayna Picchu to enter the cave of the Nust'as (Inka Princesses) and Pachamama and the Uju Pacha (underworld) cave connecting to the feminine energies of nature (see chapter 11 of *Initiation*).
- Day 7:** **The Apus:** We hike up the beautiful staircase of the Inkas to the top of Huayna Píjchu. Looks impossible, but those ingenious Inkas have made it much easier than it looks. Here we ritually shed our feminine side and take on new, clean, fresh masculine energy from the surrounding Apus, mobilizing our dynamic energy! Hike takes one to two hours going at a slow and easy pace (see chapter 11).
- Day 8:** **Willkanust'a.** This morning we take it easy and sleep in a little. Going down to the Urubamba River (the ancient name is Willkanust'a) to meet and work with the amazing spirit of this river (see chapter 12). She connects ALL the ritual sites of the Andean area – from Cuzco to Macchu Píjchu to the Wiraqocha Temple. We get an afternoon train home to Cuzco and have the evening free to rest, shop & look around the city.
- Day 9:** **Wanu.** In Cuzco we explore the famous Qorikancha-meaning Golden Field – the central Sun Temple of the Inkas right across the street! This fantastic temple was open to the sky and once had its' magnificent walls covered in planks of solid gold so that it glowed like a sun in the center of the city! This is the spiritual center of Cuzco and the place where the Inkas honored the diverse religions of all the 52 ethnic groups that made up the Inka Empire. Here, all religious idols were honored and given a place in the most sacred temple of the Inkas. On to Tambo Machay and a ritual to face the Life after Life – and like any good shamanic practice – to look death in the face (see chapter 13). This evening we meet with 25 paqos from Q'eros. They will have their fabulous weavings available to buy and we will exchange our gifts with them – the giveaway clothing, shoes, medicines etc we have brought.
- Day 10:** **Tipon.** Water rituals of Unification and Purification with the Q'eros. Five Q'ero priests join us for this ritual. At the magnificent temple of Tipon to contact the Nust'as or female spirits of the Water – the young girl, the young woman, the mature woman, and the grandmother. Each has her own magic and wisdom to impart and we perform a k'intu and despacho ceremony with the Q'eros. Free afternoon for shopping and/or individual coca leaf readings.

Day 11: Wiraqocha Temple: At the top of the Andean system, this largest and most sacred temple complex is where we perform the culminating Coronation Ritual of the Inkas, linking ourselves to the ancient lineages or "panakas" or royal families of the Inkas. This is the most awe-inspiring of all rituals (see chapter 14) and the place where the second fifth-level priest will emerge and of course where the sixth level couple will glow with a bright light, like the Inkas of old-according to Inka Prophecy. After our crowning ritual we celebrate with a farewell dinner and fine folklore show at El Trucho, one of Cuzco's oldest and finest restaurants. We pack & get ready for our morning flight back to Lima.

Day 12: Pachakamaq Temple. We get to the Cuzco airport at 8:30 a.m. for our flights to Lima. After stowing our baggage at the Lima airport, we take a bus to the ancient Oracular Temple of Pachakamaq to perform a ritual of connection between the Andes and the Mamaqocha (Mother Ocean). This beautiful temple was the sight of the development of the Yanantin philosophy so central to the Inka way of thinking – harmonious relationship between different things ie: masculine/feminine. This is also the place where the first fifth-level couple emerges – a Yanantin! This completes our initiation process and here we take some time to discuss the reintegration process back into our normal lives after this amazing experience. After a delicious fish dinner we go to the airport for our late night flights home/or overnight in Lima with early morning departures to home countries.

Day 13: Arrival back to our home countries.