



2012 Spiritual Pilgrimage to Me-xi-co: Where Men/Women Become 'Gods'

The Path of Quetzalcoatl –
A Previously Hidden Initiation into the Toltec-Mexica (Aztec) tradition

February 1–11, 2012
with Sergio Magana and Valerie Nistrath

Join renowned healer and mystic, **Sergio Magana** for an initiation into the ancient Toltec, Aztec tradition of Mexico. In order to preserve the wisdom, power and beauty of the Mexica people, these initiations and practices were kept hidden and secret for centuries — until this year. Sergio now shares the initiations and practices of a lineage over 1,460 years old. Journey to the sacred places of the Mexica performing rituals and ceremonies in sacred sites surrounding Mexico City, the city that is located in, and named the 'Navel of the Moon' (Me-xi-co).

In Ancient Mexico, Toltecs and Mexicas (Aztecs) believed Centeotl, the unique God, was the one that gave life, measure and movement to all things. To realize your full potential, to become 'enlightened' (or as Sergio says, 'become your own God') you must understand the measure and movement of the Heavens. By harmonizing yourself with these cycles through specific breathings and movements, you come into alignment with a great 'wave' of Cosmic support to 'make real' your dreams. The Ancients carefully observed the skies, measuring these cycles and their relationship and connection to Humans. Learn the underlying mathematics of the Toltec-Mexica tradition as a perfect expression of all life; learn to harmonize your energy body with the perfect rhythm of the Cosmos through specific exercises and breathings taught at each sacred site, according to the Ancient Masters.

The pilgrimage is intentionally designed to begin on the sacred date of February 2, 2012. According to the Aztec calendar, on this day, the Sun's first rays touch the North Pole and begin melting the ice, creating waters which arrive to Mexico City on May 17. It is a sacred cycle necessary for the sustainability of life, representing the life, rhythm and movement of the Universe, bringing into fruition new life, new intentions - celebrating new beginnings! Today is the first day of the rest of your life.

Prepare for this prophesied time of enlightenment — from now until December 12, 2012 – called by the Toltec-Mexica WisdomKeepers, The Path of Quetzalcoatl

Details:

\$2,800 USD – \$440 deposit with registration reserves your space, full payment by Jan. 2, 2012

Includes 10 days breakfasts and 10 lunches, accommodations, all ground transportation, one welcome dinner, entrance fees to sacred sites, teaching fees. Does not include transportation to Mexico and tipping bus drivers.

Contact: Valerie Nistrath: (541)488-5610, www.valerienistrath.com
466 Clinton St Ashland, Oregon



2012 Spiritual Pilgrimage to Me-xi-co: Where Men/Women Become 'Gods' Itinerary

February 1-11, 2012

Feb. 1 — Arrival to Mexico City; pickup at airport (one trip for whole group). Introductions and welcome dinner.

Feb. 2 — Morning at Centro Energetico Integral, Sergio's clinic and school. Introductory teachings of Toltec-Mexica (Aztec) Path by Sergio & his lineage teacher, Xolotl. You will be given your birth codex, which describes aspects of your essential nature in the 'Tonal' (the 'awake' self) & in the 'Nagual' (sleeping aspect), so that you understand the cosmic influences of your birth & the meaning they hold; like an Aztec astrology reading. We do this according to the day, the moment of the day, the cycle of the 13 days that each day belongs to, the year, etc according to the Aztec calendar. This information reveals your special gifts and talents, the seeds of your potential. You will also discover the issues & shadow aspects you have to work with in life. With this information, you will choose two influences that you will have 'seeded' on the last ceremonial day which represent your evolved self which you aspire to attain in this lifetime. You are presented to the four elements, reconciling with Nature and thereby changing your destiny with your new name, based in the Aztec calendar.

Afternoon: Zocalo (Main square). We perform a ritual oriented to the North on sacred ground with Xolotl & the spiritual dancers, synchronized with the first rays of the Sun touching which begins the melting of ice into water creating a snake of water which reaching Mexico in May. In this ritual you will set an intention, programming yourself with the Sun's first ray & the manifestation of that intent, coming true on the sacred day of May 17 (when the water reaches Mexico or sooner if you live in the USA). You will also have opportunity to release aspects of yourself you no longer need, using the contrary cycle.

In the evening, we participate in the ritual dances with Xolotl's spiritual warriors, celebrating the birth of our new selves, in harmony with life, measure and movement of the Cosmos. With your new Aztec name, which represents the birth of your essential self, you will be presented to the Elements of the Universe.

Feb. 3 — Travel to the sacred volcanoes, Iztaccihuatil & Popocatepetl, to participate in a ceremony of reconciliation & exchange with Nature. In the Tzoalli ritual, we use a mixture of chocolate, amaranth, pinole and honey that is sacred to each element. It is a way to 'pay' or exchange with Nature to create harmony for ourselves, enlisting Her support to live our lives well, fulfilling our dreams (similar to despacho offering in the Andean tradition).

Participate in the ancestral ritual to plant your hair in the masculine and feminine mountains to receive the help of the two forces; to use 'duality' for creation; to balance male/female essences inside of you, creating Omoteotl, the force of creation inside of you, represented by the two serpents. Through this ritual, you will forever be in contact with the wisdom of the mountain through your hair, who will always know who you are & speak with you. Wow! Sergio will assist us to heal ourselves with the Pleiades & give us the Great initiation of the Pleiades and the sacred levels of consciousness. Back to Mexico City.

Feb. 4 — Travel to Tula for connection with the 4 archetypes of Toltecayotl — the wisemen that are the keepers of the knowledge of a tradition — the spirit of warriors, the noble and wise women, the spirits of the Graniceros, the ones that create storms and the lineage Ancestors that gave the knowledge to the Toltecs. The four archetypes are related to the four directions of Aztlan (the legendary ancestral origin place of the Nahuatl speaking ie Mexica people). All that are represented in the huge stone figures that in Tula. Initiation with all four stones and the integration of the four aspects in yourself to empower your bubble. Check out 'aztlan' on wikipedia – interesting info on the 7 tribes & 7 caves of their origin mythology, esp related to their tree of life.

You will then make your own 'Momoztli', representing the information and power of the four archetypes (four houses) of Quetzalcoatl; the essence of the light & wisdom held in the Earth. It is the only altar in the world that acts in this reality and in the world of dreaming, Temixoch. To help make manifest our dreams.

In the afternoon, the ancient ceremony of Fire to help change how we dream (for creating our reality while alive) begin working with Nahuatl; sacred breathings to connect with your 'star' so that you know your way home when you die. Back to Mexico City.

Feb. 5 — Departure to Cholula, where you will learn the teachings about life and death. You will then participate in the ceremony to program the year of 2012 for yourself. Traditionally, people used the 365 churches, that were 365 pyramids, each representing a day of the year you can program or intend your entire year using the pyramids which embody the spirit of each day of the year of 2012. Lunch on site. Back to Mexico City.



2012 Spiritual Pilgrimage to Me-xi-co:

Itinerary page 2

*At some point on this trip, Sergio will teach the use of the 'obsidian mirror' the most sacred and powerful object used by the ancient lineage keepers – also called the 'smoking mirror'. This practice had never been taught outside of Mexico, until Sept. 2011 in Oregon. You will learn to work with the Nagual or unconscious, shadow aspect of yourself, for healing your past, guidance from ancestors, cleaning your shadow, accessing your gifts & resources, healing your body.

Feb. 6 — Travel to Tepeyac sacred mountain of Mother Earth & using the sacred breathings of 13/4 you will connect Heaven with Earth to plant your dreams into Tonantzin, Mother Earth. It is said that if you want something to happen in this reality, the Earth must 'dream' it first. You will have the opportunity to 'plant' your dreams.

Visit to the Basilica of Guadalupe to connect with the ancient essences of Mexico represented in the image of the Virgin of Guadalupe (it is not what we have all been told!). You will discover the deeper meaning of her symbolism for your life and learn how to pray to her using ancient forces.

In the afternoon we travel to Tlatelolco sacred site. For the ancient Mexicans the moon represented the cause of human suffering, a result of the rhythm of the ups & downs of the moon's cycles and the impact of that energy on earth. It represented 'duality' in life circumstance and created fear in humanity. We perform an ancestral ritual to break the 'prison of the moon' and her influences so you become your Solar potential – living in the full enlightened state of your solar, light-filled being. Sergio says this is why the figure of the Moon Goddess is depicted as 'cut into pieces' or 'dismembered' by the Sun, in the carving in Temple of Tenochtitlan in Mexico City. It is a metaphor of how you can shine if you defeat your moon – moon & sun are the duality that exist inside of us. Learning to meet your shadow self.

Feb. 7 — Travel to Teotihuacan; the "place where men/women become Gods". Perform the Toltec rituals of manifestation. At the Pyramid of the Moon, you begin by cleaning your unconscious and then by magnifying your solar destiny with Pyramid of the Sun; using the 4 Tezcatlipoca's to manifest Quetzalcoatl inside of you, becoming the most brilliant possibility of you.

In the afternoon, you perform the Toltec rituals of manifestation. Calling on the essence of power of Teotihuacan, the sacred place where men turn into Gods, you take the 13 steps to create/manifest your reality.

Feb. 8 — Travel to Xochicalco sacred site where we perform the sacred breathings to connect with the cosmic body where the consciousness of plants and animals resides; learning to modify a fruit or vegetable to become your own medicine. This is the place where the calendar was adjusted so as to create rhythm and harmony in one's life.

Feb. 9 — Travel to Xochimilco; Participate in 'Temazcal' the mystical purification bath with fire & water to get the power of the four elements. This ritual is performed by Xolotl (one of Sergio's lineage teachers), to assist you to set an intention so that your life will be transformed when you go home, creating new things for the new you. Back to hotel in Mexico City.

Promenade boat ride through Xochimilco (place of flowers) to explore the ancient water canals in boats called 'Trajinera' as they weave through the 'chinampas' or reed-like islands covered with flowers. This is all that remains of one of the oldest settlements of Mexico City, dating around 200 AD. Perform the ceremony of 'Flowering' in the place of flowers. Return to Mexico City

Feb 10 — Centro Energetico Integral for final review of our Initiation into the Mexica Path. Optional visit to Templo Mayor , the main ancient solar temple of Tenochtitlan. Lunch on site.

In the afternoon, closing ceremony planting the seed of your new Nahuatl name, forever changing your destiny by changing your birth vibration. You will be presented to the four elements and their essences, reconciling & bringing yourself in harmony with Nature and your new destiny; becoming a God, the highest possibility of you. Ancestral Ceremony with dancers learning to imitate the cycles of the Cosmos to give life, measure and movement to your life. Back to hotel.

Feb 11 — Breakfast at hotel. Departure to airport – one trip for group. Farewell. Tlazohtla. Until we meet again. Arrival home country for USA.

Contact: Valerie Nistrath: (541)488-5610, www.valerienistrath.com
466 Clinton St Ashland, Oregon